

For Foreign Residents

Free Consultation Session & Daily Life Orientation

We will provide foreign residents with useful information for daily life. You can consult with us about any problems or concerns you may have.

November 7th, 2026 Saturday **Ikoma City Library Hall** (10-minute walk from Kintetsu Higashi-Ikoma Station)
238 Tsujimachi, Ikoma City, Nara 630-0212



Google MAP

Free Consultation | 3:00-14:30

Reservation Form →



You can consult with an advisor about anything you do not understand, things you are having trouble with, etc. **Your information will be kept confidential.**



Daily Life



Work



Child-rearing
Education



Medical Care
Welfare



Status of
Residence



Japanese
Language
Study

• **Advance reservations recommended (Capacity: 6)**
Participation is not possible once capacity is reached.

• Interpretation is available (English, Chinese, Vietnamese and 7 other languages)
• It is free.

<Foreign residents living in Nara can receive consultations>

Daily Life Orientation | 5:00-16:00

Reservation Form →



We will explain Ikoma City's garbage system in an easy-to-understand way. Let's learn together.

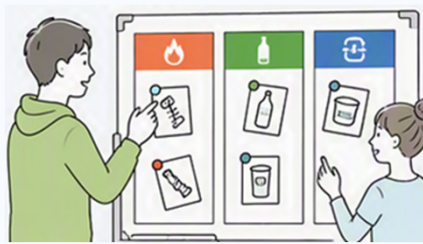
1 Let's learn about taking out garbage in Ikoma City

We will explain how to separate garbage and important points for when putting it out.



2 Practice Sorting

You will practice sorting items into combustible garbage, non-combustible garbage, recyclables, etc.



3 "Mottainai" Tableware Market

Ikoma City's reuse event where you can take home usable tableware for free.



<Capacity: 20 people>

Reservation

- Please register for the Free Consultation Session and Daily Life Orientation using their respective registration forms.
- Please reserve your spot **by Monday, October 26!**

Inquiries

Nara Prefecture Citizens' Life Consultation Center Prefecture - General Consultation Service for Foreign Residents

Kintetsu Takama Building, 6F
38-3 Takamacho, Nara City

TEL: 0742-81-3420

Tuesday-Saturday, 9:00-16:30